



**Educate
+ Engage**



SUMMER
BREAK



The Mundane

OVERVIEW

Today's lesson will focus on the journey of Moses leading the people of Israel out of Egypt. What began as a victorious and promising mission eventually led to moments of fear and frustration. As we approach summer break, while it can be exciting, it can also lead to periods of loneliness and boredom. Just as God was present for the Israelites, He will be with us during less stimulating times.

Scripture Passage

Exodus 14:10–14 (KJV)

And when Pharaoh drew nigh, the children of Israel lifted up their eyes, and, behold, the Egyptians marched after them; and they were sore afraid: and the children of Israel cried out unto the LORD. And they said unto Moses, Because there were no graves in Egypt, hast thou taken us away to die in the wilderness? wherefore hast thou dealt thus with us, to carry us forth out of Egypt? Is not this the word that we did tell thee in Egypt, saying, Let us alone, that we may serve the Egyptians? For it had been better for us to serve the Egyptians, than that we should die in the wilderness. And Moses said unto the people, Fear ye not, stand still, and see the salvation of the LORD, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever. The LORD shall fight for you, and ye shall hold your peace.

EDUCATE

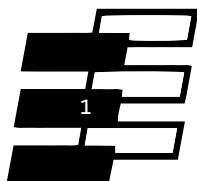
Excitement can be experienced in various ways. Some individuals enjoy being scared; while others prefer the thrill of a roller coaster, high speeds, or playing sports. Additionally, some people find relaxation and down time to be a source of excitement. For certain individuals, shopping can be an exciting activity as they search for items to purchase. Summer offers opportunities for exploration and activities, presenting each day with new possibilities.

What are you most excited about as you enter the summer months?

Throughout Exodus, the Israelites encounter instances of excitement and anticipation at every turn!

Point 1: Face the fear of what is ahead.

As the Israelites departed from Egypt, they believed they were leaving behind the difficulties of their past. Moses had led them this far, and they had managed to overcome Pharaoh.



Lesson 2

The plagues that the Lord inflicted upon Egypt resulted in a range of emotions. At times, Pharaoh would permit their departure, only to retract his permission as the Lord hardened his heart once again.

The Israelites faced hardship because they were caught in the conflict between Pharaoh and Moses. Pharaoh increased their workload, assuming they had too much idle time, which led to resentment towards Moses due to the additional burdens placed upon them.

We get to know the end of the story, but if you didn't, how would you have felt having to face the problems the Israelites faced?

Finally, after all the back and forth and all the plagues placed on the Egyptians, Moses was granted permission for the Israelites to leave. The journey out of Egypt encompassed various emotions such as excitement, thrill, and anxiety. It is crucial to remember the remarkable miracles that occurred during this time.

God showed His miraculous works throughout the journey out of Egypt. The journey was challenging, yet God's power and strength were demonstrated through the ten plagues placed upon Egypt.

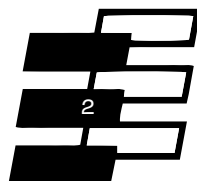
Then, as the Israelites left, they made their way to the Red Sea and found the Egyptians charging behind them. Suddenly, the miracles were forgotten. Fear gripped the hearts of the Israelites. They knew their future and what God has planned for them, but fear overtook them as the Egyptians advanced towards them.

Point 2: Look beyond the negative.

On the days we are bored or frustrated, we can start to dwell on negative thoughts rather than the positive thoughts. Part of the challenge was that the Israelites were still troubled by the plagues and their experiences with the taskmasters in Egypt. This new life was expected to be better, but it had mostly been challenging so far.

What is a time in your life that were you were frustrated with the process, but God worked it all out for your good?

The Israelites were stuck in a negative thought pattern and began to question why they left Egypt. They complained, "We could have just died in Egypt. We could have kept working and serving the Egyptians rather than go to the wilderness to die."



Lesson 2

During summer we may experience negative thinking. Initially, summer break can feel exciting with new opportunities ahead. We just finished our exams and finals and now we are ready to have fun and rest from all the hard work. Then reality sets in. Not every day is fun and exciting. Not every day is summer camp.

Some days, our parents want us to do chores. Maybe yard work to be completed. Some days can be boring because we have nothing to do. Maybe the bank account is at zero and you can't afford to go out and do something fun.

For some students, the home is not a peaceful place to be, and every day is difficult. When you are home, you don't have a safe place to go.

Some of you need the social aspect and it leaves you desiring something more. It may be surprising, but the desire to return to school and be surrounded by all your friends can occasionally emerge.

What do you do on those days when you are bored all day?

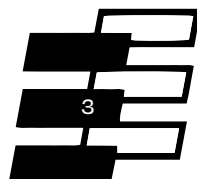
Point 3: God is always there.

When the Israelites started groaning, Moses stood before them and announced, "Fear ye not, stand still, and see the salvation of the Lord, which will shew to you to day: for the Egyptians who ye have seen to day, ye shall see them again no more for ever. The Lord shall fight for you, and ye shall hold your peace."

Most of you know the end of the story, Moses held up his rod, stretched it over the sea, and God divided the waters so the Israelites could walk across on dry ground. The Egyptians chased after them. Moses stretched the rod back across the sea and the Lord brought the sea back into place, causing Pharaoh and his army to be demolished. As a result, the people were saved, feared the Lord, and placed their trust in both the Lord and His servant Moses.

Don't think this lesson is about how boring your summer is going to be. There will be plenty of fun and exciting things you will do this summer. If nothing else, no schoolwork is enough!

Make sure you remember that God is always going to be there for you on your fun days and on the days that you are bored and wish you were back in school.



Lesson 2

God was always there for the Israelites, even when they didn't feel like He was. His promise He had for them never left them.

God has a plan for your life and wants what is best for you.

Closing

Throughout the summer, stay focused on what God has called you to do. When you feel negative thoughts creeping in, make a list of all the things God has done for you. Thank God for his continued blessings. When we remind ourselves of the blessings of God, we remind ourselves of the promises He has for us.

ENGAGE

Let's pray that God will be the main focus of our summer. Let's pray for those whose homes may not be a safe haven, but God will help spread His peace throughout their home.

Prayer: God remove the distractions so that we will remain focused on the mission at hand to lead others towards you.

